

Muffins & Scones

For the muffins:

370 g plain flour
2 + ½ tsp baking powder
½ tsp baking soda
¼ tsp salt
260 g brown sugar
1 large egg
100 ml corn oil
195 ml buttermilk (lait battu)
150 g blueberries (fresh or frozen)
1 tsp lemon zest

Optional, instead of blueberries:

Raspberries (fresh or frozen), chocolate chips, lemon curd, jam...

For the scones:

450 g self-raising flour
2 tsp baking powder
75 g lard (or butter)
50 g caster sugar
2 large eggs
225 ml whole milk

Equipment:

Flat pan + muffin tin (better if you have 2) + muffin cases

Bowls, spatulas, whisk, spoons, fluted or round cutter

Please, have your oven at 220°C (or 200°C if you have a fan assisted oven) and all ingredients at ROOM TEMPERATURE and already WEIGHED when we start working!

